

International
Overdose
Awareness Day

Honouring Women* Taking Action Against Overdose

this is more important than ever

Talking about overdose is important for everyone.

Whether you are someone who uses drugs, a social or community care provider, or a community member - we all need to talk about it. Overdose is impacting our communities and loved ones more than ever before.

Our communities are in shock and pain. This Overdose Awareness Day, how can you make a difference?

To learn more about overdose awareness, harm reduction and gender, check out WHAI's **Women & Harm Reduction: A Capacity Building Toolkit** or contact a local WHAI worker at **whai.ca**.



#EndOverdose #OverdoseAware #IOAD

